

Meeting the Standards – Health and Mental Wellness

Please complete the activities below, in order as listed. Once each activity has been completed as explained below, submissions will be reviewed and 2 hours of PD credit will be provided and a certificate will be emailed to you. If you have any questions, contact:

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1. Watch the recorded PowerPoint presentation at the following link:

https://drive.google.com/file/d/1JmKe3z5Yr_c5fjyogAcpcpumR-BrTzl/view?usp=sharing

2. Take the follow up quiz related to the PowerPoint presentation and obtain at least an 85% (27pts).

https://docs.google.com/forms/d/e/1FAIpQLSfZuu4QTYaNfepPbfkVxc-nwjVjCNEcKYRCuBXWzUdjiAe2fA/viewform?usp=sf_link

3. Read the following article:

<https://mhanational.org/what-every-child-needs-good-mental-health>

4. Complete the following questions related to the article.

https://docs.google.com/forms/d/e/1FAIpQLSeBlaMWiMWK8WG99JAVM9QwbaDAcSkwUOBet_sOkjMvINhc8TA/viewform?usp=sf_link

5. Complete the book study at the following link.

https://docs.google.com/forms/d/e/1FAIpQLSeTE_3XGc17FJq3rnmAp3n7bHE_oJZX3F02_VsZJiWGcQaRg/viewform?usp=sf_link

6. Complete the follow up information.

https://docs.google.com/forms/d/e/1FAIpQLSeq4tjLioIWam0F0acc0FaeiQPTl3mg_bH5MZ6ExecYBr3PWQ/viewform?usp=sf_link