

From: Alvis, Jennifer - Division of School and Community Nutrition
Sent: Thursday, December 05, 2013 10:29 AM
To: Buchanan, Bill - Division of Program Standards
Cc: Tackett, Deanna - Director, Division of School and Community Nutrition
Subject: RE: Substitute for Milk Policy

Bill,

This is the USDA policy that the state agency follows regarding milk substitutions. This is the same for any facility that is on our program (which includes some preschools.)

Whole milk is **recommended** for children 1-2

Skim or 1% is required for children over 2.

Other fluid milk such as fat-free or low-fat varieties of these fluid milks are also acceptable without a medical disability form:

Lactose Reduced

Lactose Free

Low Fat Buttermilk

Fat Free Buttermilk

Low Fat Acidified Milk

Fat Free Acidified Milk

Milk may be flavored or unflavored.

For medical reasons that are not disabling (milk intolerance) or for special dietary needs such as a vegan diet, non-dairy substitutes, such as soy milk, that meet the nutritional requirements below are also acceptable without a disability form: If a child has a life threatening or medical impairment that impacts major life activities, and requires milk substitutions, a doctor or recognized medical authority must fill out and sign a medical disability form that lists alternate substitutions. Any substitution that the doctor lists is acceptable, **only in this situation**.

Please let me know if I can get you more information!

Thanks, Jen

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