

## Trauma Informed Care Self-Paced Training Modules

Understanding how trauma impacts performance in the educational setting can change how we interact with our most vulnerable youth. This training will build the participant's fluency in defining trauma, describing how trauma may look in the classroom, discussing how trauma can affect student development and impact learning, and how to assess current school-wide and classroom systems with trauma informed lens. Please complete each step in each module in order as provided below. You will receive a certificate for six hours of PD credit. TRIS credit is not available.

### INTRODUCTION

1. Watch the [Trauma Informed Care Introduction video](#) (19:17 minutes)

### MODULE 1

1. Watch the [Trauma Informed Care Module 1 video](#) (4:05 minutes)
2. Watch "[A San Diego Principal Takes on Trauma](#)" (6:02 minutes)

### MODULE 2

1. Watch the [Trauma Informed Care Module 2, Part 1 video](#) (14:53 minutes)
2. Watch the "[ESPN E60 Presents - Patrick Willis](#)" video on complex trauma (12:26 minutes)
3. Watch the [follow up discussion to Patrick Willis' Complex Trauma video](#) (5:58 minutes)
4. Watch the [Module 2, Part 2: ACES video](#) (34:35 minutes)
5. Complete the "Adverse Childhood Experience (ACE) Questionnaire: Finding your ACE Score" attached below

### MODULE 3

1. Watch the [Trauma Informed Care Module 3, Part 1 video](#) (7:39 minutes)
2. Watch Dr. Allison Jackson's video "[Explaining the Brain to Children and Adolescents \(The Barking Dog\)](#)" (4:40 minutes)
3. Watch the [Trauma Informed Care Module 3, Part 2 video](#) (13:04 minutes)
4. Watch Dr. Allison Jackson's video "[A Call to Connection: Making Childhood Trauma Personal](#)" (9:58 minutes)
5. Watch the [Trauma Informed Care Module 3, Part 3 video](#) (3:21 minutes)
6. Watch the short video "[Neurons Joining](#)" (0:26 seconds)
7. Watch the [Trauma Informed Care Module 3, Part 4 video](#) (2:27 minutes)

### MODULE 4

1. Watch the video "[How Prevalent is Trauma](#)" (14:08 minutes)

### MODULE 5

1. Watch the video "How Does Trauma Impact My Classroom"  
([https://drive.google.com/file/d/1hkmnB7fLe6Kpi7Sy8WmqvDi3EmT\\_x5SQ/view?usp=sharing](https://drive.google.com/file/d/1hkmnB7fLe6Kpi7Sy8WmqvDi3EmT_x5SQ/view?usp=sharing))

### MODULE 6

1. Watch the Trauma Informed Care Module 6, Part 1 video  
(<https://drive.google.com/file/d/1QkHqvCC6mYKkyR6wtBay5uLELbMc6xRM/view?usp=sharing>)
2. Watch the "ReMoved" video  
(<https://youtu.be/!OeQUwdAjE0>)
3. Watch the Trauma Informed Care Module 6, Part 3 video  
(<https://drive.google.com/file/d/1C5t-BbeY1Ps1jGKyKpIRhkOZhVnEyLWl/view?usp=sharing>)
4. Watch the "Invisible Backpack Directions" video  
(<https://drive.google.com/file/d/1aRGginFN4qqcpOkOiKAuTxOi0oPEyw0y/view?usp=sharing>)
5. Complete the attached "Invisible Backpack Activity"
5. Watch the Trauma Informed Care Module 6, Part 5 video  
(<https://drive.google.com/file/d/1kqStptSi0n6zOApS5eK7zRnkIOLVF8m-/view?usp=sharing>)
6. Watch the "Gang Leader to Graduate: A Conscious Discipline Transformation video" (<https://youtu.be/RXJGcqcJckA>)

### MODULE 7

1. Watch the "Repacking Cognitive Distortions" video  
([https://drive.google.com/file/d/1wjThSUeO29UYfb9\\_3LEp8VMTw0clENkc/view?usp=sharing](https://drive.google.com/file/d/1wjThSUeO29UYfb9_3LEp8VMTw0clENkc/view?usp=sharing))

## **MODULE 8**

1. Read "Using Classroom Interventions" attached below

## **GOOGLE EXIT FORM**

1. Complete this exit form and quiz to receive your certificate

<https://forms.gle/CHZNxGKrg55giNv4A>